



BLU News!

February & March 2018

“What good is the warmth of summer, without the cold of winter to give it sweetness.”

John Steinbeck, Travels with Charley: In Search of America

CANCELLATIONS AND FREEZING MEMBERSHIP/CHANGES TO MEMBERSHIP

As of 1st February, Fusion have implemented a direct membership administration team to support Centres with membership changes. Members will now need to go direct to the webpage and select contact us, then use the relevant drop down from the list. The membership administration will respond to all enquiries and requests within 72 hours. Please note that if members give one full month's notice (before the 1st of every month) you can cancel membership OR freeze it from a week to longer, if you are going away, so you don't waste your membership. If you want to freeze membership within this period, it has to be approved by the General Manager based on medical grounds only.

SWIMATHON 2018

The water will be delicious for this year's Swimathon at Brockwell Lido, taking place over the weekend of 28/29 April. Swim as an individual or in a group, you can even choose your own distance. There's a challenge for everyone. Enter Swimathon 2018 and join Cancer Research UK and Marie Curie to raise as much money as possible for two causes close to the nation's hearts.

WINDRUSH 2018 AQUATHLON

Entries for the 2018 Windrush Aquathlon are now open! As always, places are expected to go fast (they sold out well ahead of the closing date last year), if you don't want to be disappointed, enter as soon as possible. Entries close on 24th May 2018, or when sold out.

The race itself is completely closed to traffic, taking place on 24th June 2018 in Brockwell Park, with the swim in the Lido and then the run section around the park. The atmosphere is welcoming and friendly to all newcomers. We highly recommend it!

NEW CLASSES

Starting:

- Spinning Wednesday 18:00-18:30 with Sarah starts 14th February 2018
- Yoga Tuesday 20:30-21:30 with Mark starts w/c 12th March 2018
- Gym functional floor classes coming soon!

GYM

You'll have noticed a re-shuffle in the gym where equipment has been moved. Most users are happy with the new layout, doing a full circuit of legs, arms and abs works better for most when everything is in the same area. Some members have shown their displeasure with the move of a few classes from studios to the Whippersnappers room, most members are happy with the new space. The room is not yet finished, and will be refurbished with air conditioning being added. We ask for your patience and we welcome any feedback to try and accommodate all users.

There is now a huge increase in the stretch area for users, in addition all spin bikes have been moved off the gym floor and are located permanently in studio 1.

The GYM sauna, steam room and hydrotherapy area has been given a much needed power clean and looks brilliant, thanks to the Lido team.

Not everyone can carry heavy weights, especially around the bigger leg press. Please, if you are using weights on this machine, can you remove them for the next user. It hurts and it's a waste of time if a user has to remove YOUR heavy weights. IF ITEMS ARE TOO HEAVY TO PUT BACK, THEN THEY ARE TOO HEAVY TO BE PICKED UP IN THE FIRST PLACE. The same applies to putting back equipment and weights in the correct places rather than just leaving everything on the floor. The fitness team are not responsible for tidying after use, users are responsible. If users are caught leaving things around and not putting kit back, Fusion will start to implement suspensions on usage. We have a fantastic fitness suite – please can we all take care of it, keep it in good shape and be considerate of those users coming to equipment after you have finished.

BOOKINGS

Notifications for a new booking time at the Lido - now from 8pm - were emailed by Fusion and via Fusion app notifications. If you didn't receive an email, it may be because Fusion doesn't have your email address OR because they have an incorrect email address. Please check in with reception to sort this out, and ensure your App notification is enabled.

Fusion is aware of the difficulties of trying to book classes and is doing their best to resolve this as soon as possible. Classes can still be booked at reception.

CRISIS MID WINTER DIP, CHRISTMAS AND NEW YEAR'S DAY SWIM

Thanks to David, Cav, Katie and Elise for looking after the Christmas day swimmers, big thanks to David for making a round trip to collect our lifeguards and take them home.

Thanks to Laura, Sam, Michael and Rob who gave up their New Year's morning to let swimmers enjoy the Inaugural New Year's Day Swim. Their names are now etched into Brockwell Lido folklore.

COLD WATER GALA

BLU is organising a community led Cold Water Gala in November 2018, together with Streamline Swims and other local community groups. We welcome volunteers to assist with the planning and in helping us make this event a great success for Brockwell Lido. Enthusiasm and an ability to work in harmony with our other community groups is a must. Spaces are limited and meetings will start very shortly so please contact us at info@brockwelllido.com with your details.

NEW FUSION WEBSITE

Look out for a new Fusion website to be launched in March.

My Fusion will allow members to log into a customer portal and receive the following benefits:

- Centre timetable
- Upcoming bookings
- Live waiting list
- Recent bookings
- Site information
- 2 clicks to book
- Preference centre
- Account details page
- Choice to edit Personal details

STREAMLINE SWIMS

Hugely popular Streamline Swims returns to the Lido in May. Bookings open 1st March so don't lose out if you want to be coached with a smile by Lido Mike and Sarah.

WINTER SWIM TICKETS & OUTDOOR SAUNA

For the winter swim period only, these are still available and are valid until 30th April 2018 - costs are:
£97.00 standard
£80.00 concession

The outdoor sauna is free to FULL MEMBERS of Brockwell Lido. If you have an annual swim pass or PAYG, the charge is £1.50 per day or £12.50 for a winter season ticket. Regular checks will be made by management to stop users who haven't paid. For those who have asked, the cost of an annual swim pass is £279.15

Please look after the outdoor sauna and do not abuse it. Anyone caught using pool water will be asked to leave. Non pool water is available, please use it. If the sauna breaks down again due to misuse, it will close.

THE LIDO CAFE

The Lido Cafe will close early for a wedding on Sat 31st March, please check exact time with the cafe.

Look out for their new, all day brunch menu being launched on 10th February, tasters and specials are available in the run up. **AND** You'll get 50p off your coffee if you bring your own re-useable cup.

CLASS CANCELLATIONS

Fusion HQ have changed the cancellation time to FOUR HOURS prior to the start of a class. If you do not cancel at least four hours in advance you will be charged and unable to book until you have paid. This is to allow those on a wait list time to get to a class and make arrangements if need be. In the past, too many people have cancelled an hour before class, which gives those on a wait list little time and this means classes are not full where they could and should be.

LIDO ACCESS

All members must bring their membership card in order to access the facility. Should members fail to swipe, access may not be permitted. The team at reception are under strict orders to not open the gates. If you have lost your card, please purchase a replacement from reception.

BLU MEMBERSHIP

BLU relies on you, our members, to give us credibility and influence when it comes to taking ideas and complaints to Fusion. Could you get a friend who uses the Lido to join us? There's no fee, no annoying emails, one Newsletter every month, and if you're interested in being more involved in the present and future of the Lido and BLU, we'd love to hear from you.

SWIM by Katie age 7

Water lets you swim backwards
But when you swim backwards
It's hard to see where you're going
So try swimming with a mirror

From Waterwords. Edited by Melanie Mauthner and Hylda Sims and published by BLU in 2008

FUSION LIFESTYLE APP

We're aware than not everyone has a smartphone or computer, so booking via phone or in person are the only options. However, some of you will have already discovered the Smartphone App that enables you to book classes online. Check timetables & book up to 7 days in advance.

SWIM

- Free swimming for over 60's, weekdays before 10am.
- Check out concession prices for various groups, early bird swimming discounts, and family tickets for 1 or 2 parent families with a second parent receiving a 50% discount and the children also receiving discounted rates. Contact the team at Brockwell Lido for more information, or enquire at reception.

SOCIAL MEDIA

BLU

Twitter - @BrockwellLido
Facebook - @BrockwellLidoUsers
Instagram - brockwelllidousers

BROCKWELL LIDO

Facebook: @BrockwellLidoUK
Twitter: @Brockwell_Lido
Instagram: Brockwell_lido

HEALTH SUITE

A polite notice to all users that no oils, salts or body lotions are to be used anywhere in the health suite and please note SHAVING IS NOT PERMITTED. Several people have been politely asked to refrain from this, it is highly unpleasant for other users. We would also like to advise that food is also not permitted within the Health suite area. Please shower before and after you use the sauna, steam room and hydrotherapy pool. It's up to everyone to help keep this facility clean by following all rules. BLU members may ask you to stop doing any of the above if they see you, respect everyone's wishes. If you are walking between the pool and the dry side, PLEASE wear footwear and avoid dripping on the floor in reception to avoid accidents.

SOCIAL MEDIA MANNERS

BLU does not condone and will not tolerate bullying or harassment via social media or in person, of Lido users and staff. We will take all necessary measures to deal with any unsavoury behaviour.

LIDO CAR PARK

Parking enforcement is in effect, please make sure you are parked in the correct bays as tickets will be issued. Drivers who park in disabled bays (without a blue badge), loading bays or even try and squeeze into the motor cycle bays (yes, a few drivers have been wedged in unable to leave) BEWARE! PLEASE don't do it.

MANAGERS' MEETING

BLU reps meet with Lido managers every two months, the first of the year will be at the beginning of February. Please let us know if there is anything you would like us to discuss. Compliments, complaints, suggestions all welcome. If you don't tell us about a problem, we can't fix it! If you have ideas, let us know. We've launched a #TellBLU on our Twitter & Facebook sites where you can tell us what you think - good, not so good or indifferent. ALL views are important.

BLU

BLU is the only official Lido users' group who speak for YOU with Fusion and try and right any user issues. If you see a problem tell a member of BLU or a member of staff and we will do our best to resolve all issues asap. BLU has regular meetings with Lido managers and The Lido Café. Please let us know what you would like us to discuss by emailing info@brockwelllido.com or come find us, one of us can usually be found in the gym, studio, poolside or spa!

BLU WEBSITE - www.brockwelllido.com

PLEASE NOTE, ANY PHOTOS USED ON OUR WEBSITE AND SOCIAL MEDIA MAY NOT BE USED WITHOUT PRIOR PERMISSION FROM BLU.