



BLU Update August 2012

Summer's lease hath all too short a date. Shakespeare Sonnet 18

BUT the swimming season will continue until the end of October **AND THEN** the **winter swimming** timetable will begin. The pool will be open Mondays 8.30-11.30am, Wednesdays 11am-2pm and Saturdays 9.30am-12.30pm. Prices are not yet confirmed but we expect them to be £50 for a late October-March season ticket, or £2.85 per swim (£2.40 concessions and juniors and £1.20 over 60's).

While we're on the subject of swim prices, please note that there is an error on Fusion's website and in their leaflet. The reduced prices for the pool before 10am only apply on weekdays.

Please do not bring alcoholic drinks or anything made of glass to the Lido. Security staff are checking bags and will remove those items.

Blue matting in **pool changing rooms** has helped reduce the puddles. Please remove your shoes and leave them poolside so that mud is minimised. And it helps if you wring your costume in the showers. The actual changing area has no drain!

We hope you have the annual Brockwell Lido Users' **Forum** date in your diary. Saturday, 29th September 10am-12 noon in the Whippersnappers room to the left of Lido reception (thanks to Caroline Burghard for use of their facilities). Free drinks (sorry, not alcoholic!) and croissants will be served from 9am (thanks to Fusion and The Lido Café). This is your chance to have your say about anything to do with any aspect of our wonderful Lido. And to make sure it continues to thrive and improve. The annual Forum is for you whether you use the gym, the spa, Fusion classes or private classes, The Lido Café or the pool or all of the above! Senior people from Fusion and Lambeth will be there as will BLU and community groups. If you are interested in supporting the future of the Lido, you might consider joining the BLU Committee. Please email us at info@brockwelllido to find out more or talk to one of our present members who you will see in the gym and round the pool. Our photos are displayed on both dry and wet sides of the building.

Plans for regulating the **car park** are still not ready to be rolled out. In the meantime PLEASE park considerately and do not use a disabled bay (unless you have a Blue Badge of course) and NEVER park in the space which allows access for emergency vehicles. You could put someone's life at risk. The **car park** will be closed 13th-19th August for new Lottery-funded gates to be installed.



Opening hours for Bank Holiday Monday 27th August are:

Pool: 8am-6pm. Gym and rest of building: 8am-8pm.

BLU will be at the Lido for **Open House** on **Saturday 22nd September**. 10am-4pm. This is your chance to discover the fascinating history of Brockwell Lido. There will be free heritage-based tours and you can browse through our scrapbooks which chronicle the history of the Lido, beginning with swimming in the pond in the park before the Lido was built in 1937. We will also have on sale our famous designer tee shirts, and copies of our books - *Out of the Blue* and *Waterwords* at very special prices.

Anchorman, presented by **Luna Cinema** on 20th July, was sold out but actual attendance was limited by bad weather. You still have a chance to book for *The Lost Boys* on Wednesday 29th August. Doors open 6.30pm. Performance starts 8pm Tickets: £12.50. Book at <http://thelunacinema.seetickets.com>. Barbeque available from The Lido Café. The pool will close at 4pm to enable set-up.

Brockwell Lido will be taking part in the **“Join In Local Sport”** national celebration of local sport weekend on 18th/19th August. The centre will be hosting special events to capture the once-in-a-lifetime enthusiasm for sport that this summer's events will generate. There is a packed schedule of activities at the centre and it will all be FREE including Bollywood Kick and Ab workouts! The weekend is expected to be busy, so call 020 7274 3088 to secure your place! See www.fusion-lifestyle.com/centres/Brockwell_Lido for details of programme.

If you or yours are between **14 and 25 years old** and thinking of trying a new activity in September, why not try Triathlon swimming? Sessions are completely FREE on Tuesdays at 4-5pm, and are led by a qualified coach! **For more information and to book onto a session please email ian.farlane@fusion-lifestyle.com or lido.mike@hotmail.co.uk**

The great newly re-equipped and refurbished **gym** is thriving. Clare Motton, the Lido Manager, held a meeting for gym users who wanted to discuss final adjustments and improvements to the very popular new gym set-up. As a result, an additional mirror has been provided. The stretching area has been equipped with comfortable mats.

Saturday 14th July saw the first **Brockwell Lido Annual Swim Races**. Organised by Streamline Swims and supported by Fusion and BLU, the event was a great success and provided a fitting tribute to talented jazz trumpeter and accomplished swimmer, Richard Turner. Despite heavy rain throughout the day, the weather relented in time for a sunny start for the races.

The MBC Foundation was launched in style with a fundraising **hip hop concert**



at the Lido on Sunday 15th July. MBCF was set up in memory of Max Boomgaarden Cook, a former Lido lifeguard, who was killed in a Thai bus crash in June last year along with two of his friends.

Clare Motton holds monthly “**Meet the Manager**” sessions and upcoming dates are:

August 13th at 5.30pm

September 3rd at 10am

October 8th at 5.30pm

November 12th at 5.30pm

December 3rd at 5.30pm

Shiatsu is available poolside and has been found to be very enjoyable and therapeutic by BLU members. Prices start as low as £18 for 20 minutes. Call Karen on 07947 518868 or email hello@karenliveseyshiatsu.co.uk.

Fusion have commissioned a **survey of Lido users** to take place shortly. If you are asked to be interviewed please grab the opportunity to make your views known.

Our friends at the Herne Hill Society invite you to join them to celebrate the **150th anniversary of Herne Hill Station** on Saturday 25th August. Meet at 2.30pm outside the Station.

Short talks and a toast to the Station in the Commercial Pub

followed by a history and heritage walk round the village of Herne Hill.

And have you discovered the fabulous **Farmers’ Market** held every Sunday 10am-4pm in the area around Herne Hill Station?

Take a look at <http://www.shortoftheweek.com/2012/05/31/swimming-pool/>

Finally, harness your **post-Olympic enthusiasm** by exercising at the Lido and enjoy the rest of summer 2012.

We look forward to seeing you at the **Annual Forum** on Saturday, 29th September. In the meantime, do get in touch with us by emailing info@brockwelllido.co.uk

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