

BLU NEWS! August & September 2019

CJ FAUCHER

This month we lost our Chair, CJ Faucher. CJ was a friend to many, a champion of all things Lido. He was given a terrific send off with so many from the Lido at his funeral to show their respect. We miss him and will try our best to carry on his legacy.

NEW MANAGER

We welcome our new manager, Mohamed (Mo) Farah, not the Olympian runner, but faced with an Olympian task. Mo is very approachable, is keen to make the Lido the best it can possibly be and is working closely with BLU on all issues.

MANAGER'S MEETING

BLU reps meet with Lido managers regularly. Please let us know if there is anything you would like us to discuss. Compliments, complaints, suggestions all welcome. If you don't tell us about a problem, we can't fix it! If you have ideas, let us know. We've launched a #TellBLU on our Twitter & Facebook sites where you can tell us what you think – good, not so good or indifferent. ALL views are important. Current concerns that we are aware of and are dealing with include pool algae, pool lining issues, cleanliness of the entire Lido, broken gym equipment, lifeguard cover, classes being covered when regular teachers are away and more.

STREAMLINE SWIMS SUMMER RACES – 7TH SEPTEMBER

Out of respect to CJ, Lido Mike and Sarah from [Streamline Swims](#) have postponed the races from July to September. They will now take place on Saturday 7th September. If you're keen to participate or volunteer, get in touch.

BROCKWELL LIDO ANNUAL SWIM RACES

2019

Saturday
7th September
5.00 - 6.30pm

2019

RACES

Egg & Spoon
Childrens 50m

Adult 100m and 50m
Half Mile and One Mile

200m
team relays

Opened by the
Brockwell Lido
Synchro Team

BBQ!

CAKES!

Swimmers, volunteers and
spectators welcome!

Free to enter - registration 4pm- 4.45pm on the day

More info call Lido Mike 07770261809 email lido.mike@hotmail.co.uk



Brockwell Lido
Brockwell Park
Dulwich Road
London
SE24

THE LUNA CINEMA

It's back! [Book Now!](#)

19th September – Aquaman! Doors open at 7. Film at 8.

26th September – Hook! Doors open at 7. Film at 8.

The pool will close at 5pm on both evenings to allow for set up.

The Lido Cafe hut will remain open during the films for snacks and drinks!

FIT FOR ALL CLASSES FOR OVER 60's

Classes with Rachel for the over 60s have proved successful and will continue. 8.45am on Tuesday mornings. Includes cardio, strength work and flexibility. Need to wear trainers. Can book online or at reception. It is suitable for anyone of any age who hasn't exercised for a while or is recovering from injury or illness or just needs to get back into exercise gently.

SUMMER SWIM PASS

Summer swim passes are on sale and run until 30th September. Please check with Lido reception for availability and prices.

GYM

Please follow the GYM rules and DO NOT leave heavy weights, especially around the bigger leg press on the floor. If you are using weights on this machine, can you remove them for the next user. It hurts and it's a waste of time if a user has to remove YOUR heavy weights. IF ITEMS ARE TOO HEAVY TO PUT BACK, THEN THEY ARE TOO HEAVY TO BE PICKED UP IN THE FIRST PLACE. The same applies to putting back equipment and weights in the correct places rather than just leaving everything on the floor for someone else to sort out. The fitness team are NOT RESPONSIBLE for tidying after use, *users are responsible*. If users are caught leaving things around and not putting kit back, Fusion will implement suspensions on usage. We have a fantastic fitness suite – please can we all take care of it, keep it in good shape and be considerate of those users coming to equipment after you have finished. Skipping is NOT allowed on the gym floor or matted areas as they can and have caused injuries to other users.

Please use the studios for skipping or ask a member of the Lido staff. Thank you.

DRY SIDE LOCKERS

Many lockers are being left locked, empty and open which means no one else can use them. This happens all the time, every day, and it is annoying. Lockers are not for overnight storage use and they are not to be left locked, open and empty for any reason. Please unlock them and leave them unlocked for other users. If you find a locker in this condition, please report it to reception asap, they will then unlock it. If they don't know about it, they cannot resolve the issue. Anything left in lockers overnight will be removed.

HYGIENE

Paper towels and spray are provided in the gym for users to wipe down kit after use. It's unfair for the fitness team to have to clean users sweat from the floor or machines.

Please help to keep the facility clean.

LIDO ACCESS & NEW BLU/FUSION MEMBERSHIP CARDS

All members must use their membership card to gain access. No card means no access. The team at reception are under strict orders to not open the gates. If you have

misplaced your card, a new one can be purchased for £5 at reception. The new BLU/Fusion cards are now available from reception. Please do not forget to contact bluinfo@brockwelllido.com to get your BLU membership card activated.



BLU MEMBERSHIP

BLU relies on you, our members, to give us credibility and influence when it comes to taking ideas and complaints to Fusion. Could you get a friend who uses the Lido to join us? There's no fee, no annoying emails, one Newsletter every two months, and if you're interested in being more involved in the present and future of the Lido and BLU, we'd love to hear from you.

FUSION LIFESTYLE APP

We're aware that not everyone has a smartphone or computer, so booking via phone or in person are the only options. However, some of you will have already discovered the Smartphone App that enables you to book classes online. Check timetables & book up to 7 days in advance.

[Apple Download](#)

[Android Download](#)

SWIM

- Free swimming for over 60's, weekdays before 10am.
- Check out concession prices for various groups, early bird swimming discounts, and family tickets for 1 or 2 parent families with a second parent receiving a 50% discount and the children also receiving discounted rates. Contact the team at Brockwell Lido for more information, or enquire at reception.

SOCIAL MEDIA

BLU

Twitter - @BrockwellLido

Facebook - @BrockwellLidoUsers

Instagram - brockwelllidothers

Facebook: @BrockwellLidoUK

Twitter: @Brockwell_Lido

Instagram: Brockwell_lido

HEALTH SUITE

A polite notice to all users that no oils, salts or body lotions are to be used anywhere in the health suite and please note SHAVING IS NOT PERMITTED. Several people have been politely asked to refrain from this, it is highly unpleasant for other users. We would also like to advise that food is also not permitted within the Health suite area. Please shower before and after you use the sauna, steam room and hydrotherapy pool. It's up to everyone to help keep this facility clean by following all rules. BLU members may ask you to stop doing any of the above if they see you, respect everyone's wishes. If you are walking between the pool and the dry side, PLEASE wear footwear and avoid dripping on the floor in reception to avoid accidents.

SOCIAL MEDIA MANNERS

BLU does not condone and will not tolerate bullying or harassment via social media or in person, of Lido users and staff. We will take all necessary measures to deal with any unsavoury behaviour.

LIDO CAR PARK

Parking enforcement is in effect, we have seen parking tickets being issued so please make sure you are parked in the correct bays. Drivers who park in disabled bays (without a blue badge), loading bays or even try and squeeze into the motor cycle bays (yes, a few drivers have been wedged in unable to leave) BEWARE! PLEASE don't do it.

BLU

BLU is the only *official* Lido users' group who speak for YOU with Fusion and try and right any user issues. If you see a problem tell a member of BLU or a member of staff and we will do our best to resolve all issues asap. BLU has regular meetings with Lido managers and The Lido Café. Please let us know what you would like us to discuss by emailing bluinfo@brockwelllido.com or come find us, one of us can usually be found in the gym, studio, poolside or spa!

BLU WEBSITE- www.brockwelllido.com

PLEASE NOTE, ANY PHOTOS USED ON OUR WEBSITE AND SOCIAL MEDIA MAY NOT BE USED WITHOUT PRIOR PERMISSION FROM BLU.

[EDIT](#)