

## BLU UPDATE August 2013



*We're all going on a summer holiday.  
No more working for a week or two.  
Fun and laughter on a summer holiday.  
No more worries for me and you.  
For a week or two. Cliff Richard*

**FREE breakfast** at the **Annual Users' Forum** and BLU AGM on **Saturday 28<sup>th</sup> September 10am** at the Lido AND your chance to get up close and personal with BLU people, Fusion managers and Lambeth officers. A major part of the meeting will be a feedback session where you get your say about all aspects of the Lido. In the meantime, please contact us if you would like to get more involved with BLU.

Phew! The hottest July for almost ever. **Queues** of people desperate for their day at Brixton Beach. Water temperatures in the mid-twenties. This is when the Lido comes into its own.

A couple of words of advice... to avoid the queues, sign up online or at Reception for a free Fast Track booking, or buy a card of swim vouchers (but remember they are valid only up to the end of this summer season at end of October) or join as a member. And another thing: hot weather means more swimmers who generate more litter. Please bag up your rubbish and take it home.

For essential updates including pool temperatures follow [BLU on Twitter](#). We have welcomed our 3000th follower.

**The Brockwell Lido Annual Races 2013** took place on a lovely sunny evening in July. Stan Frazer won the One Mile Richard Turner Cup for the second year running with a time of 23:02 and the Half Mile was narrowly won by newcomer James Sharples in 13:09, just a second ahead of Anne Laybourne. This year saw an increase in the number of Junior competitors with the 100m and 50m Junior Races being won by Finlay McPherson. Free homemade cake and refreshments were enjoyed by all.

A four week 45 minute **Gentle Fit Swim course** will be running on **Tuesdays 9.30-10.15am**, on the following dates: **20<sup>th</sup> and 27<sup>th</sup> Aug, 3<sup>rd</sup> and 10<sup>th</sup> Sept** Cost will be £28. The sessions will mainly focus on developing swim fitness but will include some technique work. Please contact Mike or Sarah if you would like to participate, email [lido.mike@hotmail.co.uk](mailto:lido.mike@hotmail.co.uk)

With later sunrise and earlier sunset in **September swimming hours** will shorten. As you would expect, for safety reasons the lifeguards need to be able to see swimmers in the water. We have asked Fusion to retain the

summer opening and closing hours, hopefully until mid-September, but we await a decision on this. Don't forget the pool closes during the afternoons in September. But we recall the weather was warm last year and on a few occasions it was kept open all day. This year too?

Our BLU gym rep discussed a range of issues in the **gym and spa** at our August meeting with Clare Bushell, the Lido General manager. These included problems with the air conditioning; the toilets; TVs on treadmills; and failures in the hydrotherapy pool. Action has been promised on all these issues. And as we write, the **hydrotherapy pool** has just been reopened after essential repairs. We are hoping for proper drainage in the pool changing rooms before next summer. Lots of pictures and news at Lido Gym and Spa Facebook page. Plenty of the pool, in spite of the title. Fusion have an offer of 6 weeks membership for only £50 for only **open to students or teachers** who sign up before 22nd August.

**The Lido Café** has been featured in Harper's Bazaar and Vogue recently! There are some days when the café closes early for a wedding or other event. The Lido Café Facebook page alerts you to these closures at least 24 hours in advance.

**Films:** Wednesday 28<sup>th</sup> August Napoleon Dynamite. Wednesday 18<sup>th</sup> September The Breakfast Club. Details and to book: <http://www.thelunacinema.com/#/brockwell-lido/4563678938>  
Pool will close early but we don't have details yet.

**Jazz evening** planned, but not confirmed for Saturday 14<sup>th</sup> September. Pool will close at 4.30pm for "normal users". Event begins 5pm. Probable cost £6 per head. The Lido Café will be open. Swimmers can listen to "Jazz in the water". Might be clever to arrive for a swim at 5pm, pay £6 (only 25p more than usual) and enjoy the pool AND the jazz.

Are you a Triathlete or might you aspire to do a triathlon in the future? Windrush **Triathlon** Club train at the Lido and will welcome you to your first FREE training session <http://www.windrushtri.co.uk>

**Whippersnappers** has fun classes for babies, toddlers and school age children at the Lido. And they will host a children's party for you. <http://whippersnappers.org>

BLU have been pressing both Fusion and Lambeth for some action to resolve the dreaded **car park** problem. Fusion are awaiting a decision from Lambeth Planning about a proposal to install a camera overlooking the car park. Watch this space! And Twitter, where you will be the first to hear the good news when it happens. Will the application be approved before the **BLU Annual Forum on 28<sup>th</sup> September?**

[www.brockwelllido.com](http://www.brockwelllido.com)

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