

BLU UPDATE November 2013



*We saw leaves go to glory,
Then almost migratory
Go part way down the lane,
And then to end the story
Get beaten down and pashed
In one wild day of rain.* November, by Robert Frost

Winter swimming is now in full swing, available five days a week.

Monday, Wednesday, Friday: 07.45-11.15.

Saturday and Sunday; 08.30-12.00.

Opening times will change with decreasing light. Check with Fusion at Lido or see notices on wetside board.

Water temperature currently around 10 degrees Celsius.

Best bargain is a season ticket which, at £51.10, works out at around 50p per swim if you swim five days a week from now until April! Includes **free** access to warming spa with sauna, steam room and hydro pool after your swim.

Pay-as-you-go swim prices: Adult £2.90. Concession £2.40.

Over 60 £1.20

(Spa after your swim £3.05)

Midwinter swim in aid of Crisis Saturday 14th December Registration opens 11.00 - please turn up no later than 11.30. Safety briefing at 11.45. Group jump-in at 12.00. Prizes for the top three fundraisers (announced on 20 December) and the best fancy dress. Anyone under 18 years must be accompanied by an adult at all times. The event is only suitable for confident swimmers. Register online at:

<http://www.crisis.org.uk/pages/the-crisis-midwinter-swim-.html>

Sing carols at the Lido: Saturday, 14th December 15.30. Brass band. Hot food and drink to buy poolside. Collection for St Christopher's Hospice.

The **Spa** continues to be problematic but Fusion have told us that repairs are imminent. Spa works to fix the hydro pool features and other outstanding works will take place on Monday 25th and Tuesday 26th November. On the Monday, the hydro pool will be closed all day, and on the Tuesday, the **WHOLE** of the spa area will be closed as contractors will need to access the balance tank which is by the spa pool. BLU are also hoping that an alert button will be fitted so that staff can be called when problems arise with equipment or customers. Please note that the **only** things you are allowed to take into the spa area are a plastic bottle of water and something to read. And you must wear a swimming costume!

In the **gym**, a set of proper weighing scales has been ordered in response to members' requests and a second is being considered. Malfunctioning TV's have been repaired. A BLU rep who is a regular gym user has a monthly

meeting with the Lido manager and passes on users' concerns and suggestions. Do get in touch with us with yours.

The BIG Spin-a-thon in aid of Southside Young Leaders Academy on 5th and 6th October raised almost £3,000 and 60 people took part. Thanks to everyone, including Fusion staff and personal trainers, who supported this event. The money will go to the Southside Big Literacy Project which will help disaffected youngsters in Camberwell, Brixton and Peckham to improve their reading and writing skills and present a show of creative writing at Camberwell Arts Festival in June 2014. Watch out for a repeat of this event in 2014.

Christmas opening hours: the whole Lido complex will be closed on 25th and 26th December and there will be slightly reduced hours over the rest of the holiday period. See details at bottom of this newsletter.

The **car park plans** are really happening and we look forward to properly regulated parking by January next year. No more commuters, and disabled people will have their spaces protected.

The Lido Café has published a yummy Christmas menu. They also have some helpful offers. If you are a Lido member or a season ticket holder you get 10% off all food and drink. Once water temperature drops below 10 degrees Celsius, **winter swimmers** can get 50% off any post-swim hot drink at The Lido Café. There is also a Wednesday night burger and drink deal. For more information see: <http://www.thelidocafe.co.uk/>

We are pleased to see that most of the **graffiti** on the outside of the Lido building has been removed and we look forward to the rest of it going very soon.

If you are interested in local history and architecture, you will enjoy Lambeth's Edwardian Splendours by Edmund Bird and Fiona published by Lambeth Archives and Lambeth Local History Forum. Price £9. ISBN 9780992669508
<http://www.lambeth.gov.uk/Services/LeisureCulture/LocalHistory/Archives.htm>

If you use **Facebook**, you will know that BLU has merged with the Brockwell Lido Gym and Spa Forum. We are very grateful to the founders of this group for setting up and maintaining the Facebook page and for generously sharing it with us.

You can find the merged page under **Brockwell Lido Users** and hope you will follow us and contribute there.

Brockwell Lido Christmas Opening Hours (whole Lido complex)

23 rd December	Open as usual
24 th December	8.00am-4.00pm
25 th December	Closed
26 th December	Closed
27 th December	7.00am-8.00pm
28 th December	8.00am-6.00pm
29 th December	8.00am-6.00pm
30 th December	7.00am-8.00pm

31st December 8.00am-4.00pm
1st January 2014 **Closed**
2nd January 2014 Open as usual

Brockwell Lido Users

Brockwell Lido, Dulwich Road, London, SE24 OPA

e-mail: info@brockwelllido.com

Web: www.brockwelllido.com

Twitter: @BrockwellLido