

BLU UPDATE May 2013



Rough winds do shake the darling buds of May and summer's lease hath all too short a date. William Shakespeare

Good news from **The Lido Café**, which now opens at 8am every day, with access for swimmers from 7.30am and 20% off a hot drink before 9am on weekdays. TLC are planning to have the beach hut open every day from the beginning of June (unless the weather is really foul) and they are selling a really top-class hot dog filled with free-range English pork. In the meantime, the beach hut will open on sunny days. Remember, if you are a gym member and fancy some well-earned refreshment after your workout, you can use your card to swipe through to poolside and the café. And you get 10% off if you are a Lido member or a swim season ticket holder. Just show your card.

Pool hours during **May** are Monday – Friday: 6:30am-1pm and 4pm-8pm Saturday and Sunday: 8am-6pm. If the weather is great, the pool may stay open all day during the week. Best to call the Lido on 020 7274 3088 to be sure. In **June, July, August** the timings are: Monday – Friday: 6:30am-8pm Saturday and Sunday: 8am-6pm

Our **lifeguards** are looking great in their yellow shirts and fleeces. They have done a magnificent job through the winter and are ready to bask in the sun and the public's admiration. Water temperatures are posted daily on [BLU Twitter feed](#). The temperature hovers around 15 degrees currently, but we hope it will improve soon.

There are **summer jobs** available for lifeguards and café staff. For the latter, send your CV to jobs@thelidocafe.co.uk. If you are a qualified lifeguard, see [here on the Fusion site](#).

We are short of news from the “dry side”. If you are a gym or spa user or attend a class, please do get in touch with your feedback so we can feature them in our Updates.

DIARY DATES

Sunday 2nd June: **Windrush Aquathlon**. Entries open now for children over 9 and adults: www.windrushtri.co.uk/page/windrush-aquathlon Windrush are also looking for volunteers, to keep time or as stewards round the Park. Contact Julian Garcia Candia: garcijul@hotmail.com if you can help.

Lido to Lido Family Fun Bike Ride with a prize for the largest, multi-generational family team. There will be a free swim for the teams when they get to their final destination lido. Specific date in June yet to be confirmed. Check [Fusion's website](#) for details.

Brockwell Lido Annual Summer Swim Races are taking place on Sunday 14th July from 5.30pm-8.30pm. **Volunteers needed** to help with time keeping etc for this free, fun, family event. Please speak to Lido Mike or Sarah, email lido.mike@hotmail.co.uk or call them on: 07770 261 809.

6 week swim fitness and technique course for young people aged 12-16yrs starting on Tuesday 11th June 4:30-5:00pm- cost £36. Participants must be able to swim a minimum of 100m front crawl (2 lengths of the Lido).

6 week gentle, daytime swim fitness and technique course for adults starting on: Tuesday 30th July 9:00-9:45am, cost £42. Participants must be able to swim a minimum of 100m (2 lengths of the Lido).

6 week cold water swim fitness and technique course for people with disabilities aged 16-23 years. Starting on Tuesday 30th July 10-10.30am- cost £36. Participants must be able to swim a minimum of 100m (2 lengths of the Lido).

If you are interested in any of these courses above please contact Mike or Sarah via email: lido.mike@hotmail.co.uk or telephone 07770261809.

Saturday 29th and Sunday 30th June 11am - 5pm **Art exhibition inspired by lidos** at 28 Beaulieu Avenue Sydenham SE26 6PP. Photography, paintings and ceramics by Lido swimmer, Rachael Dickens.

www.openhouseart.co.uk/art-trail/sydenham-arts-festival

Films at the Lido: All at £12.50. Wednesday 24th July: Jaws. Wednesday 28th August: Napoleon Dynamite. Wednesday 18th September – you can vote for your choice of film. You can book a VIP seat in an inflatable boat in the water but all those tickets are sold out for Jaws!

[More details here.](#)

Schools Art and Swim sessions: Bookable now for a two hour morning or afternoon session of an art activity and a swim lesson.

Monday, Tuesday or Wednesday between 20th May and 24th July with up to 30 children at a cost of £75 for the whole group. [More details here](#)

Look out for **Shiatsu massage** on the poolside on sunny days. What could be nicer than a therapeutic massage (clothed) by the water? Prices start at £18.

We still have the problems arising from an unregulated **car park**. Watch this space (no pun intended). **PLEASE** do not park in disabled bays unless you have a Blue Badge.

BLU's gym rep has discussed a number of minor problems in the **gym and spa** at our latest monthly meeting with the Lido Manager, Clare Bushell, and action is promised. A heat exchanger and a pump have been ordered for the Spa. We have smart new loungers in the **spa**. Let's try to keep them clean.

Help restore another Lido. Kings Meadow Baths in Reading needs your support [via this ePetition](#).

We wish you a wonderful summer at our fabulous Brockwell Lido, in the gym, or the spa, or at classes or in the water.

www.brockwelllido.com

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